

Huron PRTF Program Description

Psychiatric Residential Treatment Center – Huron, serves male youth ages 10-17 that have identified treatment needs, which are beyond community-based services. These issues may include current or pending legal, school, or family issues.

In order to achieve programming that meets the needs of each individual youth, is evidenced based, and easily understood, PRTF-Huron's foundation in programming is based on Positive Peer Culture. Positive Peer Culture emphasizes a therapeutic group milieu which focuses on respect for self and others and development of care and concern. The Positive Peer Culture modality assists in meeting the universal growth needs of youth for affiliation, achievement, autonomy and altruism through improvement in social competence and cultivating identified strengths in youth. The goal for youth in the program is to utilize Positive Peer Culture to guide youth into developing healthier mindsets and coping skills for identified treatment need(s).

Youth will also be introduced to additional trauma informed practices, which are complimentary and in accord with Positive Peer Culture in order to meet individualized treatment planning goals. These practices include various identified clinical assessments, individual and group therapy sessions, and individualized assignments. A multidisciplinary treatment team overseen by a Clinical Psychologist and Medical Director works with the youth and family to design a treatment plan that addresses each youth's individual needs and objectives for success.